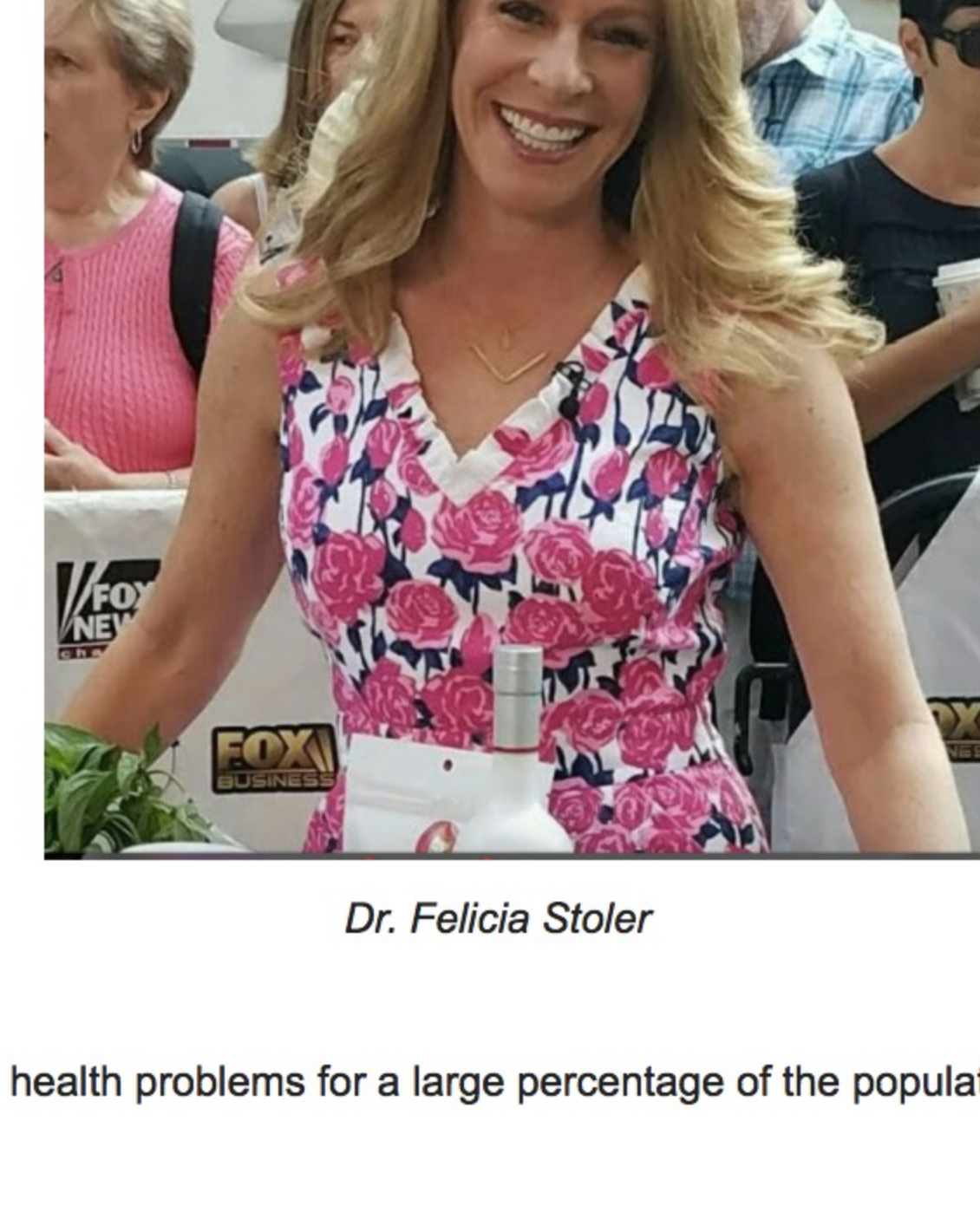


SPOTLIGHT MEDIA PRODUCTIONS



Dr. Felicia Stoler, an Extraordinary Humanitarian with an Extraordinary Story, By Adrienne Papp



Dr. Felicia Stoler

By [Adrienne Papp](#)

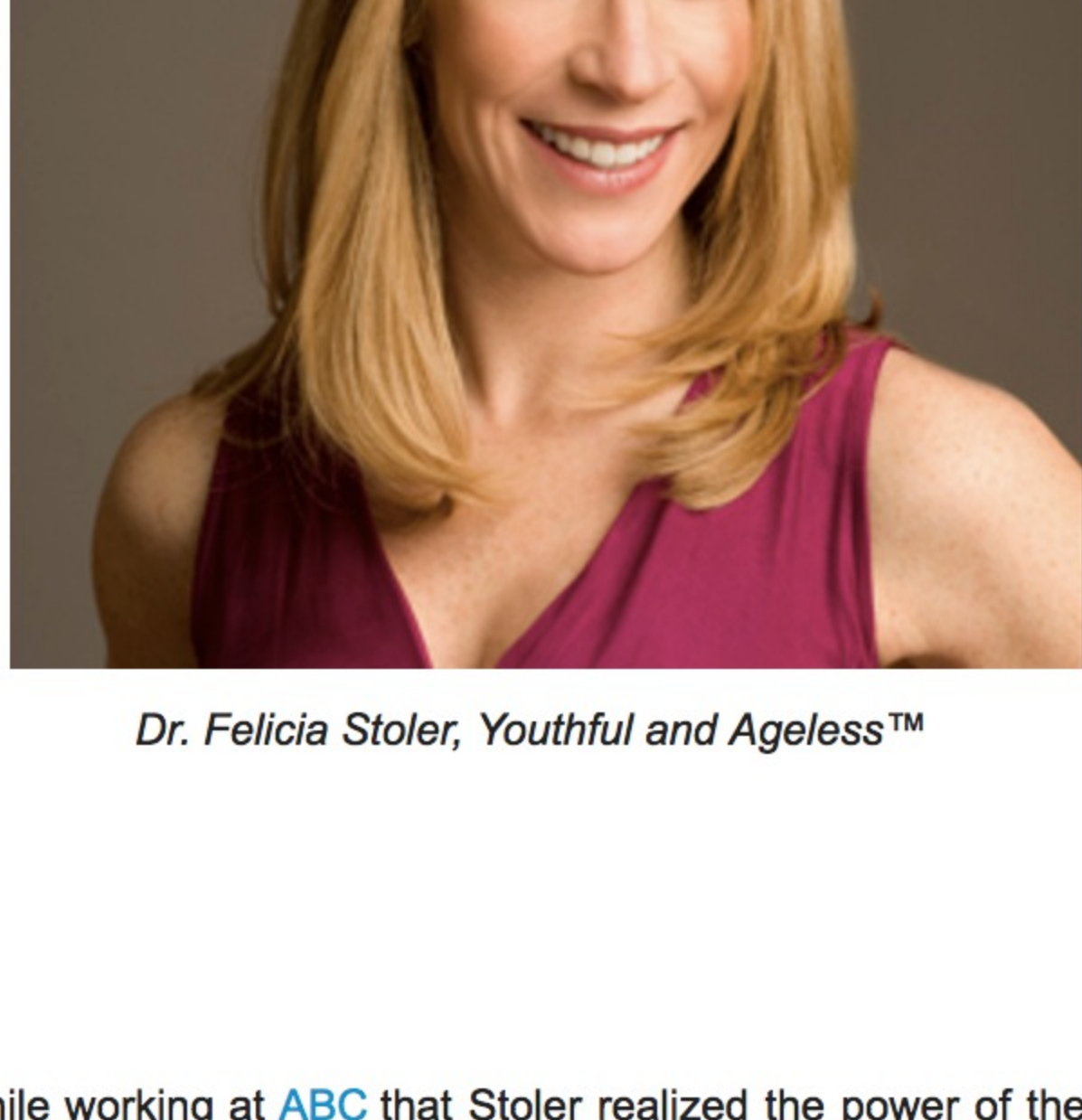


Looking at Felicia Stoler's credentials in the fields of health and nutrition, it would seem that there's really nothing she hasn't done, no high profile program or national media outlet that she hasn't contributed too. With her academic background and depth of experience in health-related subjects, Stoler has been a contributor to virtually every national talk and variety show, has hosted the American version of the BBC's "Honey, We're Killing the Kids." Along the way she's become an author ("Living Skinny in Fat Genes: The Healthy Way to Lose Weight and Feel Great" Pegasus Books, 2011), an expert in her field and the go-to commentator in virtually any forum requiring expertise in any of the health-based sciences.

Do Americans really need this sort of thing? You bet we do, no more than ever, as unhealthy lifestyles and eating habits create epidemic

health problems for a large percentage of the population.

Stoler grew up in Marlboro Township, New Jersey, and attended Tulane University, where she graduated with a Bachelor of Arts degree in political science and sociology. After a pivot that put her on course to become a student of health and nutrition, Stoler attended [Columbia University](#), where she majored in applied physiology and nutrition and was awarded a Master of Science degree. In 2008, she completed a doctorate in clinical nutrition (D.C.N.) at the University of Medicine and Dentistry of New Jersey.



Dr. Felicia Stoler, Youthful and Ageless™

"This is actually my third career," Stoler says. "I went to college thinking I was going to be a lawyer and I did work for a big Wall Street law firm. It was a great company and I developed some solid Wall Street skills there, and then I had an opportunity to work for ABC News doing licensing for their network news division. I developed more legal skills there and it was also a great location for a news junkie like me."



Dr. Stoler in a TV show about better health choices

It was while working at [ABC](#) that Stoler realized the power of the visual medium. She considered going back to school and getting a master's degree in journalism. But when she spoke to the hiring manager at the broadcasting company she started consider taking classes in something she was more passionate about.

"I took her advice to heart," says Stoler. "I had some experience with a dietitian and exercise physiologist, and she made a big impression on me. She got me straightened out in terms of the bad advice I had been given by trainers at the gym, and her advice really changed my life."

Stoler continued to work at ABC, and at night took the science classes that she needed and then attended Columbia University and did an internship there.

"I also began studying for my doctorate while I was working and spent pretty much the decade during my thirties working on graduate degrees. I also trained as a medical journalist at ABC News, finishing my doctorate."



Please click on image to view a short interview on television with Dr. Stoler



Dr. Felicia Stoler with CBS News Anchors, Please click on image to see content

Stoler took her new credentials and helped to design an in-house personal training program for [New York Sports Clubs](#) and teaching health and nutrition classes at Brookdale Community College in New Jersey.

"The programs that they have for women now didn't exist then, so I was introducing something new for the industry," Stoler says. Stoler started teaching as a way to get over her fear of speaking in public. "That seems kind of ironic now, since public speaking is now a large part of my career and I frequently speak to people about facing their fears head on and realizing that something that you might be fearful of might also be something that you're very good at," Stoler says.

But fitness and nutrition were always the subjects that she embraced with the greatest enthusiasm and thought initially that she would be involved in the field of sports nutrition.

"I was also open to trying lots of things," she says. "I did radio commercials and was utilized for [NBC's](#) first weight loss challenge, which was a precursor to the TV show "[The Biggest Loser](#)," working with the person who eventually won the competition. Stoler also worked as the nutritionist for the New York Marathon, and each opportunity gave her more experience and more confidence in her potential to bring a better lifestyle and better health to the public at large. She then went on to host the second season of "Honey We're Killing the Kids," conveying the dangers of long term bad eating and health habit for children, and the demand for media work and requests for her expertise continued to build.



Dr. Felicia Stoler. Please click on image to see article



Dr. Stoler on Eye Opener. Please click image to view footage

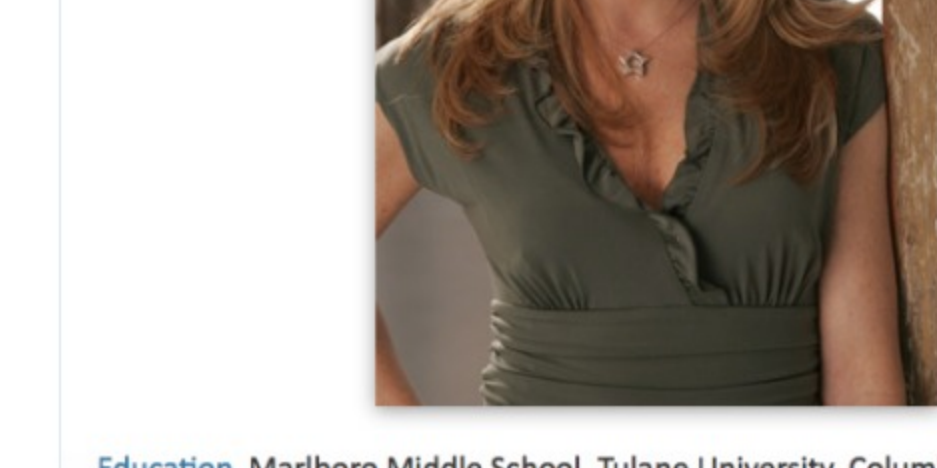
"At that point I was really in



Dr. Felicia Stoler, Please click on image.

demand as a speaker, and contributed to [Fox News](#), [USA Today](#) and TV shows like [The Doctors](#) as a consumer educator," Stoler explains. "I've worked with every major news outlet and every media network across the U.S. and currently do some 90 to 100 television interviews a year. Several years ago, I worked on Michelle Obama's program called "Let's Move" when [New Jersey Senator Cory Booker](#) was mayor of Newark."

Becoming an in-demand media health expert, Stoler learned that it was to her advantage not to specialize in one area of interest; instead she concentrated in promoting wellness in all its facets. "Diet and nutrition are integral to good health, but the physical activity components are just as important in creating healthy bodies. Even things like stress management and proper sleep all go hand-in-hand in creating wellness," Stoler explains.



Education: Marlboro Middle School, Tulane University, Columbia University

As her career continues to expand, a goal is to work fulltime with a major network, like [CNN](#), doing health and wellness reporting. "I think there's a lot of value in that, since people now seem to realize that there so much to understand about the body, health and medicine and I have the background and understanding to sort out journalistic stories and decide which ones are important to share." Stoler says. "Most of the people in broadcast news and even print media don't have the background to tease out fact from fiction or are even able to ask the appropriate questions of the go-to experts in these fields."

To help share the information, Stoler has recently started an online channel ([Vetted Health News](#)) with a small production team and is

doing a lot of the work herself. "There is so much misinformation out there, so many books and magazines and websites and much of what is out there is not true. I like to translate the science into consumer friendly terminology. I also think I'm very relatable. I'm a working mom, I've been divorced and remarried, I have teenagers, so I'm pretty typical of a lot of women these days."

In addition to her knowledge, Stoler likes to think of herself as a storyteller who can discern the difference between the good and inaccurate information that is being propagated in the interest of health and wellness. Proper vetting of this information is one of the skills that Stoler is able to share.

"I've been able to take what I've learned in the world of medicine and health and become more of a storyteller. I take my amazing counseling skills and know how to ask people the questions that allow them to really tell their story."

There's no question that many Americans, through atrocious dietary habits and sedentary lifestyles have become unhealthy to the degree that it is an epidemic health crisis in the country. But so much of what is unhealthy about America is preventable, and that's where the expertise and guidance of Felicia Stoler is so critical in helping people live healthy, happy lives.

"We know that things like heart disease, the number one killer in this country, are preventable," Stoler says. "When I was transitioning into the field of health I started paying attention to diseases and their causes, understanding that with healthier habits people can live longer, healthier lives. And I have to say I love what I do. I can make a difference in people's lives every day, and it doesn't even seem like a job. Good nutrition is the key to a healthy immune system, and I just enjoy teaching people how to eat better and therefore live healthier lives."



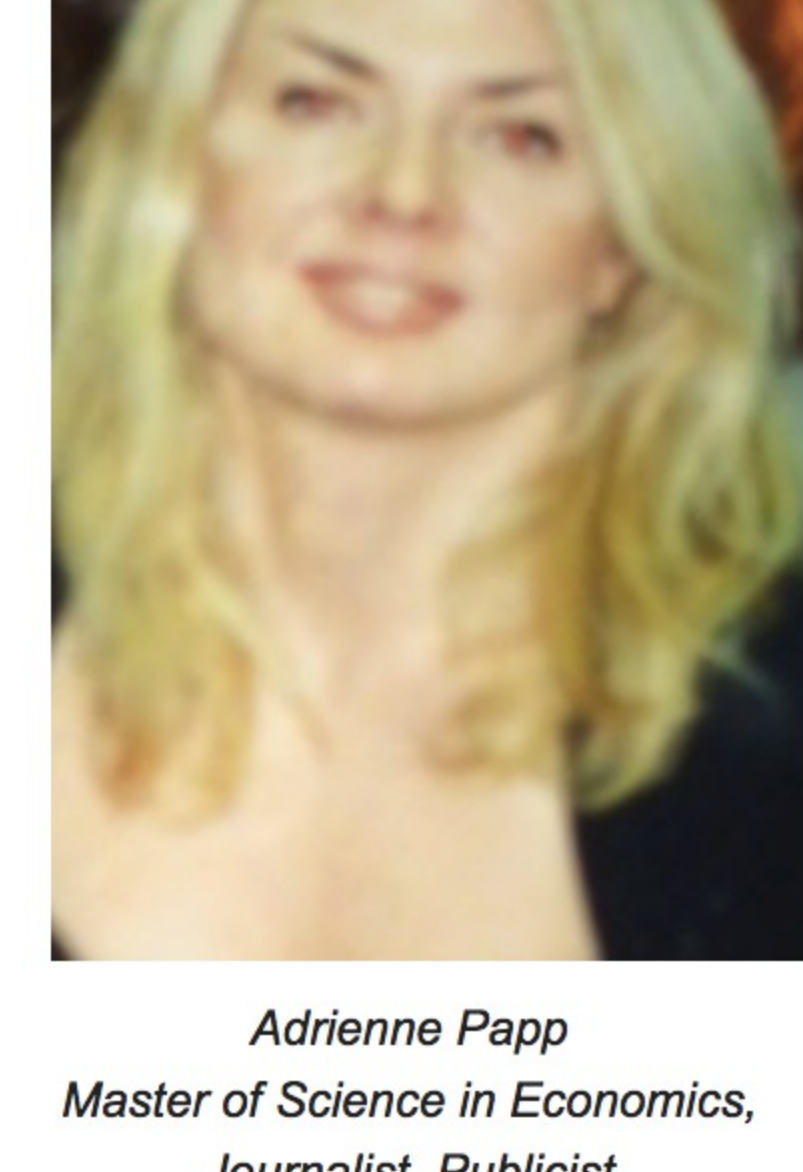
Felicia Stoler, Please click on image for more information



Dr. Felicia Stoler, Please click on image.

When I met Felicia I instantly knew that we were on the same path. Even in terms of education, although mine is a Master of Science in Economics, plus marketing, advertising, International trade and journalism, from [NYU](#) and [UCLA](#), I somehow always have been working in the field of health and celebrities in my adult life. I felt a great need to actually study health on a very serious level to the degree that I was compelled to share with the world all that is true and none, which is not. Hence was [Youthful and Ageless](#)™ born. Based on Felicia extraordinary achievements and humanitarian approach we feel she earned to be featured in our "An Honorable Cause" segment of our Youthful and Ageless™ program, which will air hundreds of times on various networks.

Felicia is a great spokesperson, brand ambassador, and we are really honored to be working with her. She is indeed extraordinary.



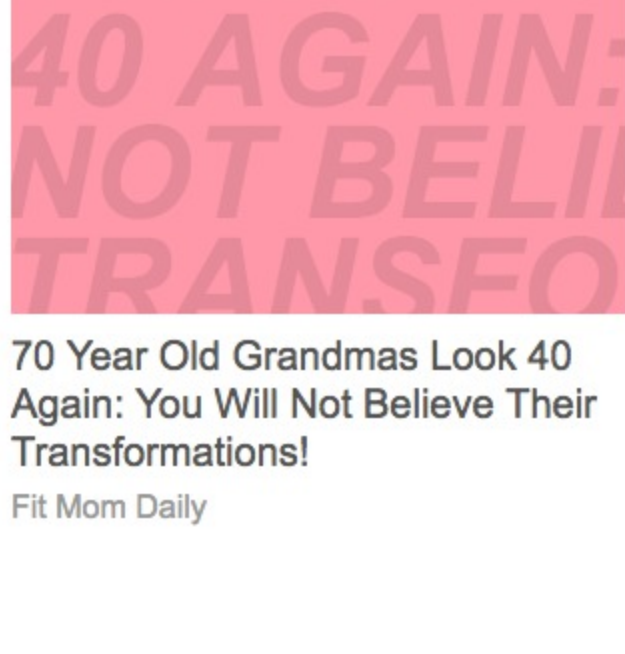
Adrienne Papp
Master of Science in Economics,
Journalist, Publicist

About the [Author of This Article](#): [Adrienne Papp](#) is a recognized journalist, economist and feature writer, who has written for many publications including [Savori](#); [The Westside Today Publications](#) ; such as [Beverly Hills 90210](#); [Malibu Beach](#); [Santa Monica Sun](#); [The Beverly Hills Times](#); [Brentwood News](#); [Bel-Air View](#) ; [Celebrity Society](#) ; [Celeb Staff](#) ; [It Magazine](#); [Chic Today](#); [LA2DAY](#); [West Side Today](#) among many others. She is the President and CEO of Los Angeles / New York-based publicity company, [Atlantic Publicity](#) and publishing house, [Atlantic Publisher](#). Adrienne writes about world trends, [Quantum Physics](#), entertainment and interviews celebrities, world leaders, inventors, philanthropists and entrepreneurs. She also owns [Atlantic United Films](#) that produces and finances true stories made for theatrical release or the silver screen. [Spotlight News Magazine](#) is owned by [Atlantic Publicity](#) that just opened a new extension to it : [PublicityLosAngeles](#). [Adrienne Papp](#) is a member of the [International Press Academy](#). She is the Founder, CEO and President of [Youthful & Ageless](#)™, [Bringing Information to Billions](#)™, [An Honorable Cause](#)™ [www.LatestAgeless.com](#), [www.OurMediaVenuesAndCompanies.com](#), [Atlantic Publicity Articles](#), [Latest Ageless](#), [Events Photo Collection](#), [Linked In Profile](#), [Movie Data Base Profile](#), [Twitter](#), [Instagram](#), [Youthful and Ageless Google+](#), [Atlantic Publicity Google+](#), [Atlantic Publisher Google+](#), [Adrienne Papp Google+](#), [Adrienne Papp Personal Google+](#), [Spotlight News Magazine](#), [Atlantic Publicity Productions](#), [Atlantic Altitude](#), [Altitude Pacific](#), [Atlantic Publicity Photography and Filming](#), [About Adrienne Papp](#) [What Others Say](#) [AtlanticPublicitySEO](#), [BrilliantMarketing365](#), [An Honorable Cause](#), [Academic Research](#), [Knighthood Today](#), [Youthful and Ageless](#)™ Adrienne Papp is a Press member of the Academy of Motion Picture Arts and Sciences and The International Press Academy.

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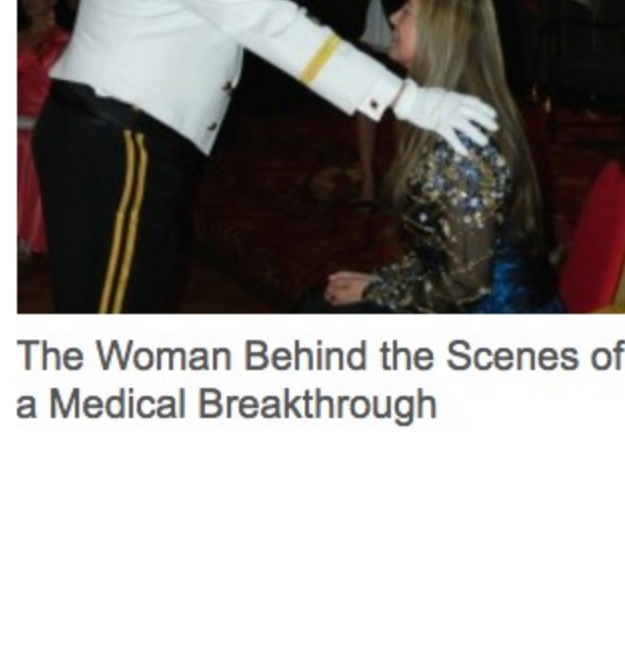
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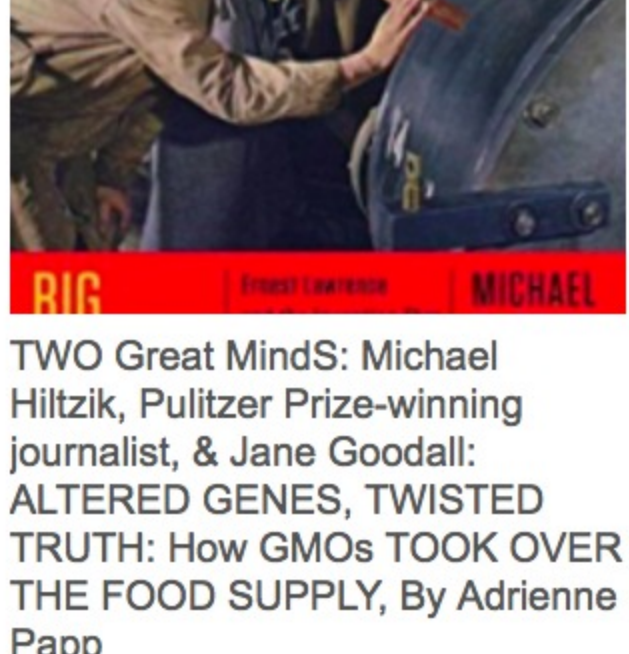
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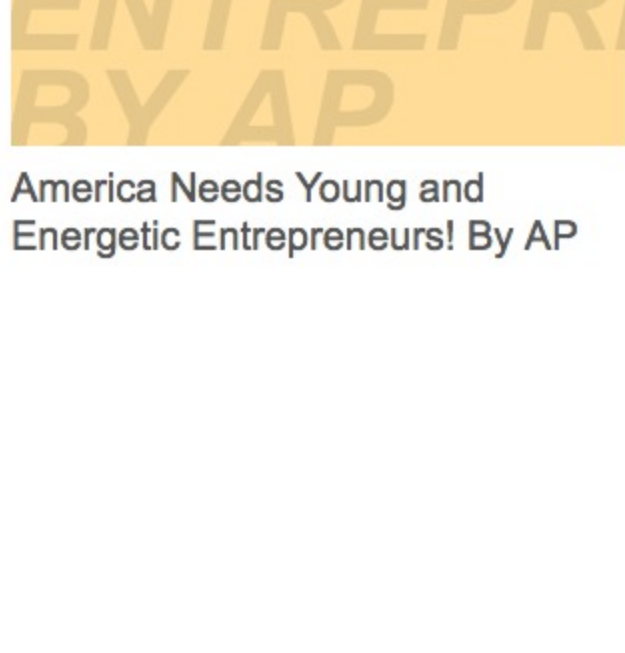
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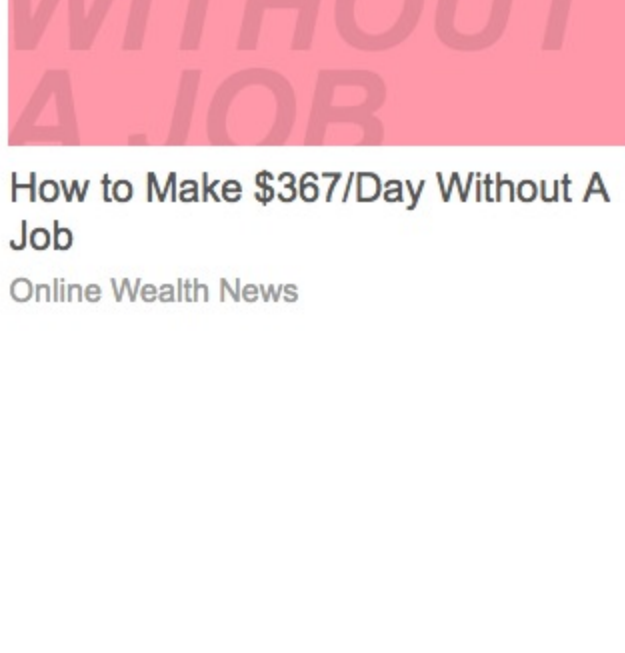
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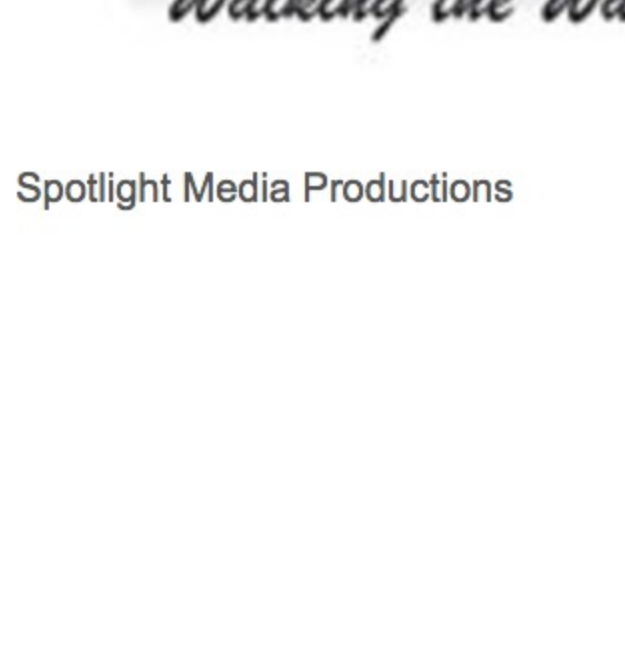
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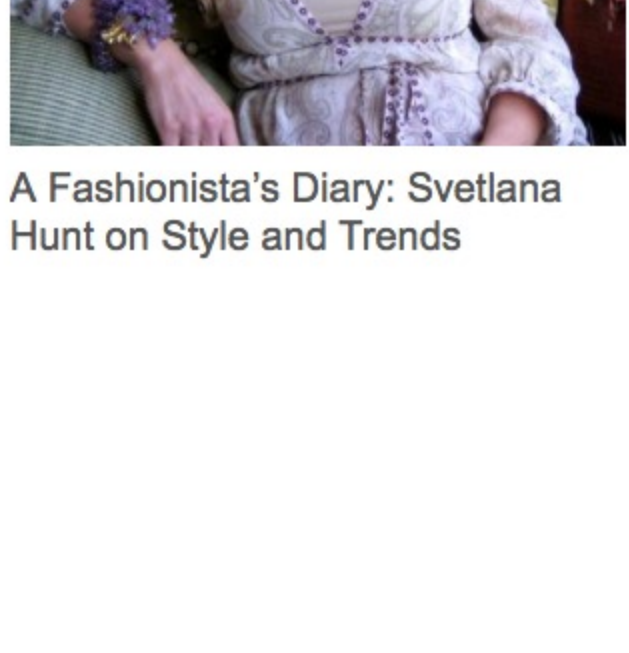
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